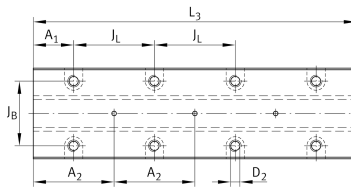
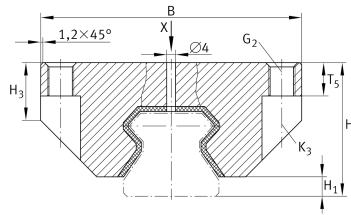


**RUDS45X300-D-H**

Damping carriage, recirculating roller bearing unit

Damping carriage, recirculating roller bearing unit

## Technical information

**Your current product variant**

Size code	45	
Length	300	Standardlength 3
Suffix	D	
Version	H	High version

**Main Dimensions & Performance Data**

H	70 mm	Height
B	84 mm	Width
L <sub>3</sub>	300	Standard length 3
≈m	9,01 kg	Weight

**Mounting dimensions**

H <sub>1</sub>	10,7 mm	
T <sub>5</sub>	12 mm	
H <sub>3</sub>	53 mm	
J <sub>B</sub>	60 mm	
A <sub>1</sub>	37,5 mm	
A <sub>2</sub>	75 mm	
J <sub>L</sub>	75 mm	
G <sub>2</sub>	M10	Fixing screws
G <sub>2</sub> M <sub>A</sub>	83 Nm	Tightening torque
n	8	Number of fixing threads



View product details on medias

30.04.2026, 23:11:41 UTC

**SCHAEFFLER**

### Related products

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RUE45-E-H, RUE45-  
E-HL, RUE45-F-H,  
RUE45-F-HL

Suitable linear guidances